

AYURVEDIC SPA & BEAUTY TECHNIQUES

A WEEKLONG SEMINAR WITH SONIA ELISA MASOCCO

Practical Hands-on Training

September 6 - 10, 2010



Having studied a multitude of disciplines in subtle energy and energy medicine, **Sonia Elisa Masocco** specializes in and practices integrated 'clinical' aromatherapy and lymphatic drainage therapy (LDT). An ITEC qualified practitioner in Aromatherapy and Reflexology as well as Massage Therapy, she enhanced her specific aromatic studies with Michael Scholes and French Dr. Philippe Goeb. After over 10 years in Asia, she is currently based in Albuquerque. She is a graduate of the Ayurvedic Studies Program and has studied with Vasant Lad in India as well. She can be reached at smasocco@ayurveda.com.

COME LEARN TECHNIQUES for Ayurvedic Spa treatments. Sonia Masocco will cover the fundamental principles of Ayurveda, assessment, indications and contraindications and management of the various traditional protocols. Under her guidance, you will learn and practice Ayurvedic head massage, shirodhara (pouring of oil to the third eye), ear, nose and lower back treatments, basic marma therapy for the head, neck, feet and hands and how to do an Ayurvedic facial. This full program is a must for anyone wanting to offer quality, genuine Ayurvedic Spa treatments and facials in a spa setting or integrated clinic.

Enrollment is limited to only 20 students!

Call (505) 291-9698
for more information or visit
us at www.ayurveda.com



**The
Ayurvedic
Institute**

11311 Menaul Blvd NE • Albuquerque, NM

5-DAY SCHEDULE

Monday through Friday
10 AM - 1 PM and 3 - 6 PM

PRICING

\$625.50	Members, seniors and graduates
\$695	Standard enrollment

Continuing Education Units (CEU) are pending approval for Cosmetologists (30).