

WOMEN'S HERBAL REMEDIES

with **Sonia Elisa Masocco**

July 16 - 22, 2010



Having studied a multitude of disciplines in subtle energy and energy medicine, **Sonia Elisa Masocco** specializes in and practices integrated 'clinical' aromatherapy and lymphatic drainage therapy (LDT). An ITEC qualified practitioner in Aromatherapy and Reflexology as well as Massage Therapy, she enhanced her specific aromatic studies with Michael Scholes and French Dr. Philippe Goeb. After over 10 years in Asia, she is currently based in Albuquerque. She is a graduate of the Ayurvedic Studies Program and has studied with Vasant Lad in India as well. She can be reached at smasocco@ayurveda.com.

- ☺ Transform your perception of health and wellness
- ☺ Learn to access the healing of power plant medicines
- ☺ Have an action plan for a range of physical ailments and emotional crisis
- ☺ Correct conditions of hormonal upheaval, irregular cycles, cysts, acne, POS PMS, vaginal dryness, menopausal insomnia, etc.
- ☺ Achieve health and well-being by aging gracefully

THIS SEMINAR IS GEARED TO ALL WOMEN WANTING to enjoy the path of balance and knowledge of the solutions available in nature. Following an Ayurvedic approach, find the keys to approach life's challenges in a most positive way. With over 10 years of private clinical practice and a passion for herbal medicine, Sonia Masocco will share her insights and experience while leading you through a transformative herbal and aromatic journey. Herbal knowledge not required!

FREE Friday evening lecture.

Call (505) 291-9698
for more information or visit
us at www.ayurveda.com

Continuing Education Units (CEU) are pending approval for Cosmetologists (38) and approved for Acupuncturists/DOM (32 PDA).



The
Ayurvedic
Institute

11311 Menaul Blvd NE • Albuquerque, NM

WEEKLONG SCHEDULE

Friday 7 - 9 PM

Saturday through Thursday

10 AM - 1 PM and 3 - 6 PM

PRICING

Weekend \$261 Members, seniors and graduates

Weekend \$290 Standard enrollment

7-Day \$625.50 Members, seniors and graduates

7-Day \$695 Standard enrollment